

Great Fertility

Affirmations

- ♥ My body is capable of amazing things. I trust it to do what it needs to do.
- ♥ I am not infertile. I am merely working through infertility.
- ♥ I am worthy of love, happiness, and the family I desire.
- ♥ The story of my life is unique and special, and I don't need to compare it to anyone else's.
- ♥ My worth as a woman and a partner is not determined by my ability to conceive.
- ♥ I choose to focus on the present moment and find joy in the journey, rather than solely focusing on the outcome.
- ♥ I am taking the necessary steps to create a healthy environment for conception.
- ♥ I release all fears and anxieties around infertility and embrace the present moment.
- ♥ I trust that everything will work out in the end, and I am resilient enough to handle any challenges that come my way.

